**Compression Therapy Page Content**

**Directions:**

Here are the links for the 2 compression companies we deal with. Use some of their un-copyrighted images and text if necessary.

<https://www.bauerfeind.ca/en_ca/products/compression-therapy/>

<https://www.sigvaris.com/ca/en-ca/knowledge>

**Page Content:**

When you say Compression stockings most people think of uncomfortable, thick, tight, bulky socks. That is the way it used to be but not anymore. Compression stockings have come a long way over the years due to advancements in fabric materials. Compression stockings are custom fitted, thin, comfortable, breathable, and most importantly fun!

Compression socks can be used for a variety of reason, most commonly varicose veins or leg swelling. During pregnancy, compression stockings can help varicose veins, leg swelling, as well as improve leg circulation. They commonly used during air travel, for running and exercise, as well as for daily use to improve leg health.