**Orthotics Page Content**

**Directions:**

Portray that Healthy Steps is the place to go and is the leader in solving your foot/lower limb pain

**Page Content:**

-highest quality orthotics-best materials possible-craftsmanship-utilizing advanced technology-most accurate/comfortable orthotics possible

-comprehensive assessment-able to identify root of problem, provide effective treatments

-referred from doctor to get orthotics? Has your doctor referred you to have orthotics made?

-Local foot/pedorthic clinic, individualized treatment, building lasting relationships with clients. Not a national chain, locally owned and operated

-established 2009-barrhaven's original pedorthic clinic

-extensive training in the assessment, design and manufacturing of custom orthotics

Healthy steps - our "steps" to pain free-comfortable feet

1. getting to know you and your lifestyle-activity level and footwear
2. identify your problems
3. conduct a biomechanical assessment, range of motion testing and functional test
4. video gait analysis and putting it all together in a dynamic gait assessment to discover your individual mechanics and how this affects your overall posture and alignment
5. developing a custom treatment plan based on your individual needs

It's all about the fit. Using the latest 3D laser technology to scan feet allows us to capture the most accurate and consistent 3D model of each foot. By combining the highest/latest technology and out hand craftsmanship skills we design and build the most accurate and comfortable orthotics possible. When necessary we will cast using traditional methods